

**Vegetarian Omelette**   **£9.25**

Filled with red onion, peppers, spinach, mushrooms and new potatoes.  
Served with sweet potato fries and a dressed salad garnish

**Chickpea and BBQ Jackfruit Burger**    **£8.75**

Chickpea, spinach and falafel burger topped with BBQ pulled jack fruit  
Served on a toasted brioche roll with salad garnish and sweet potato fries

**Chicken and Quinoa Salad**   **£8.95**

Tender chicken breast, super satisfying veggies and quinoa.  
Topped with toasted pumpkin and sunflower seeds and drizzled with balsamic glaze

**Cauliflower, Chickpea and Spinach Curry**    **£8.25**

Homemade curry made with the tastiest Indian herbs and spices, filled with cauliflower, chickpea and spinach. Served with coriander rice and a falafel bite

**SIDES**

**Skin on fries** with cajun dip **£2.85**

**Sweet potato fries** with garlic mayo **£3.00**



# MENU

**ASTBURY MEADOW GARDEN CENTRE**  
Newcastle Road, Congleton CW12 4RL  
tel: 01260 276466

## BREAKFAST

available daily until 11.30am

### **The Full English Breakfast** £7.25

Butchers sausage, two pieces of cured back bacon, grilled tomato, baked beans, fried hens egg, sautéed button mushrooms, black pudding and hot buttered toast served with filter coffee or tea

### **Vegetarian Breakfast** £7.25

Roasted tomatoes, wilted spinach, button mushrooms, baked beans, fried hens egg, sautéed potatoes, toasted sunflower and pumpkin seeds and hot buttered toast served with filter coffee or tea

### **Gardener's Set Breakfast** £2.25

Butchers sausage, cured back bacon, fried hens egg and baked beans

### **Eggs Your Way** £3.95

Fried, scrambled or poached on hot buttered toast

### **Eggy Bread** £4.25

French toast topped with maple syrup and crisp streaky bacon

### **Herby Mushrooms on Toast** £3.95

Button mushroom sautéed in butter and herbs served on hot buttered toast

### **Berry Pot** £3.65

Natural yoghurt with blueberries sprinkled with poppy seeds

### **Ultimate Breakfast Sandwich** £5.95

Butchers sausage, grilled back bacon, sautéed mushrooms and fried hens egg on toasted ciabatta served with HP sauce

### **Avocado, Eggs and Bacon** £5.95

Whipped avocado set on ciabatta topped with poached eggs and streaky bacon

## DELI CHOICE

### **Roast Beef Yorkie Wrap** £7.25

Pulled roast beef, onion and pan gravy in a giant yorkie wrap. Served with muddy mayonnaise and salad garnish

### **Smoky BBQ Jackfruit Wrap** £7.25

Pulled jackfruit in a tangy BBQ sauce topped with roasted vegetables. Served in a tortilla wrap with salad garnish

### **Chicken Tikka Wrap** £7.45

Tikka marinated chicken breast and sliced onion topped with crisp lettuce in a warm tortilla wrap. Served with minted yoghurt dip and salad garnish

### **Prawn and Avocado Open Sandwich** £8.25

Ciabatta roll topped with whipped avocado and cold water prawns laced with marie rose sauce. Served with coleslaw and salad garnish

### **Taste of Cheshire** £8.25

A platter filled with pork pie, local blue cheese, gammon ham, black pudding, pickles, piccalilli and salad.

Served with a bread roll and butter

### **Gardener's Soup Platter** £4.95

Chef's soup of the day served with bloomer bread, dairy butter and a trio of garnish pans: crispy rocket, salted onions and herb croutons

## BETWEEN THE BREADS

### **Tuna and Cucumber** £6.25

Flaked tuna, cucumber and free range mayonnaise

### **Mature Cheddar and Chutney** £6.25

Mature cheddar cheese with caramelised onion chutney

### **Ham and Tomato** £6.25

Gammon ham with sliced tomato and mustard mayonnaise

### **Egg Mayonnaise and Rocket** £5.99

Free range egg mayonnaise topped with peppery rocket

### **Hummus, Carrot and Pepper** £6.25

Red pepper hummus, grated carrot and peppery rocket

All served on brown or white bloomer or tortilla wrap with a dressed salad garnish

## EAT WELL - LOVE LIFE

### **Quorn Five Spice Stir Fry** £8.50

Fragrant and full of healthy nutritious vegetables and quorn pieces, stir fried with chinese five spice and soy sauce