

# MENU



**BREAKFAST** available daily until 11.15am

## Hearty Full Breakfast £9.95

Cured back bacon, fried hens egg, farmhouse sausages, black pudding slice, baked beans, sautéed mushrooms and a thyme herb crusted tomato. Served with hot toast, lurpak butter and a pot of Rington's Gold tea or regular Illy filter coffee

## Hearty Vegan Breakfast £9.95



Aubergine back rashers, vegetable sausages, posh baked beans, button mushrooms, hash brown, crispy fried rocket and a thyme herb crusted tomato. Served with hot toast, flora and a pot of Rington's Gold tea or regular Illy filter coffee

## Aubergine Bacon & Vegetable Sausage Baguette £5.75



A freshly baked baguette filled with aubergine bacon and vegetable sausages. Served with a thyme herb crusted tomato and pot of Heinz ketchup or HP sauce

## Posh Beans on Toast £5.45



Thick cut sourdough bread toasted and topped with delicious butter beans in our very own smokey tomato sauce. Topped with crispy rocket

## Bacon or Sausage Baguette £5.95

A freshly baked baguette filled with rashers of cured bacon or farmhouse sausage.

## Sourdough Toast Toppers £5.95

A doorstep slice of sourdough bread toasted and served with your choice of: avocado and poached egg or herby mushrooms and poached egg

## Pancake Sharing Board £14.75

A tower of warm fluffy pancakes surrounded by a selection of toppings including; banana, chocolate spread, blueberries, strawberries, honey and yoghurt.

Served with 2 glasses of fresh orange or apple juice

## Toast Duo £2.75



Two slices of thick bloomer bread toasted and served with lurpak butter or Flora

## Sourdough Toast & Strawberry Jam £2.95



A doorstep slice of sourdough bread toasted and served with lurpak butter and Tiptree strawberry jam

## Toasted Teacake £2.95

Spiced fruit teacake toasted and served with lurpak butter

## SANDWICHES

### Tuna and Cucumber £6.75

Flaked tuna in creamy mayonnaise topped with sliced cucumber.

### Egg Mayonnaise & Rocket £6.35

Hens eggs in creamy mayonnaise and topped with rocket.

### Oven Baked Gammon & Tomato £6.75

Slices of oven baked gammon topped with ripe tomato.

### Cheddar Cheese & Caramelised Onion £6.45

Matured cheddar cheese with caramelised onion chutney

### Prawn & Avocado Open Sandwich £9.75

Succulent prawns in a house marie rose sauce sat on smashed avocado

### Strikes Club Sandwich £9.95

A triple stack of toasted bloomer bread topped with creamy mayo, lettuce, tomato, succulent chicken breast and crisp bacon ribbons. Served with a crisp side salad and house coleslaw

### Fake BLT £8.25



Toasted bloomer bread topped with whipped avocado, crisp lettuce, freshly sliced tomato and crisp aubergine ribbons.

### Ultimate Fillet Steak Sandwich & Gourmet Chips £12.95

(unavailable on Sundays)

Toasted sourdough filled with tender fillet steak, caramelised onions and button mushrooms. Served with gourmet chips.

### Fish Finger Butty £8.95

Homemade fish goujons fried in house batter until golden and crisp. Set on soft bloomer bread with crisp lettuce and creamy mayo.

## Breakfast Sharing Platter For Two £22.50

A feast of 4 rashers of cured back bacon, 4 fried hens egg, 4 farmhouse sausages, black pudding slices, baked beans, sautéed mushrooms and thyme herb crusted tomatoes.

Served with hot toast, lurpak butter and a pot of Rington's Gold tea or regular Illy filter coffee

Available on white or brown bloomer bread, served with a crisp side salad and house coleslaw.

Gluten free options available

### Why not add a side?

Gourmet chips with dip £2.85

Cauliflower Bites with cajun mayo dip  
£2.85

Sweet Potato Wedges with dip £3.25

Cajun onion rings £2.85

## DELI PLATES

### Soup Platter £5.95

A bowl of steaming homemade tomato & basil soup and chunk of sourdough bread with lurpak butter. Served with individual jars of seasoned croutons, crispy rocket and deep fried onions

### Homemade Sausage Roll £5.75

Farmhouse sausage meat encased in rich puff pastry and baked until golden brown. Served with a crisp side salad and pot of caramelised onion chutney

### Homemade Squashage Roll £5.75

Chefs special butternut squash & mushroom filling encased in rich puff pastry and baked until golden brown. Served with a crisp side salad and pot of caramelised onion chutney

### Ploughman's Platter £10.95

A feast of homemade sausage roll, cheddar cheese wedge, hand carved gammon, pineapple salsa, house coleslaw, caramelised onion chutney, crisp side salad and fresh bloomer bread with lurpak butter

### Meat Free Ploughman's Platter £10.45

A feast of homemade squashage roll, cheddar cheese wedge, aubergine bacon, pineapple salsa, house coleslaw, crisp side salad and fresh bloomer bread with flora spread.

### Quiche Platter £10.95

A slice of homemade cheddar, onion & rocket quiche served with sweet potato wedges, house coleslaw & side salad

### Warm Chicken & Bacon Salad Bowl £9.95

A bowl of crisp salad topped with warm roast chicken breast and crisp bacon ribbons. Finished off with strawberries, a drizzle of honey and balsamic glaze

### Flatbreads

A Piadina style flatbread with your choice of topping below. Served with sweet potato wedges and a crisp salad garnish

Roasted Pepper & Tomato £12.95   

Fillet Steak & Caramelised Onion £15.95

## CHEF'S SPECIALS served from 12noon to 3.45pm Monday to Saturday

### Giant Fish and Chips £11.95

A giant fish deep fried in house batter until golden and crisp. Served with chips, mushy peas, homemade tartare sauce and finished with a lemon wedge and crisp batter bits

### Slider Burger Selection £14.75

A selection of three individual burgers; crispy battered chicken, seasoned beef and Cajun turkey. Served with gourmet chips, house coleslaw, a jar of Cajun mayonnaise and a crisp side salad.

### Mexican Fajitas £9.95

A sizzling skillet of seasoned vegetables served with warm flour tortillas, cheddar cheese, guacamole and cooling mayonnaise.

Add Chicken £13.45

Add Fillet Steak £14.75

### Gammon Steak with Pineapple Salsa £9.95

Pan fried gammon steak topped with tangy pineapple salsa. Served with gourmet chips, a crisp side salad and a drizzle of honey.

### Cauliflower & Chickpea Curry £9.95

Roasted cauliflower with chickpeas in a spicy curry sauce. Served with fluffy rice, falafal bites and a yogurt dip

### Vegetable & Chilli Linguine £9.25

Freshly cooked linguine topped with butterbeans, onion & tomato in a chilli infused sauce. Served with toasted basil flatbread

### Chicken & Bacon Linguine £10.25

Freshly cooked linguine topped with chicken & bacon in a garlic cream sauce. Served with toasted basil flatbread

### SUNDAY LUNCH

#### Sunday Roast Sharing Platter for Two £26.95

A platter of tender roast beef, oven baked gammon ham and succulent roast chicken

#### Sunday Roast £11.95

Tender Roast Beef  
Oven baked Gammon Ham  
Roast Chicken Breast  
Butternut Squash Wellington £10.95

All roasts served with roast potatoes, glazed carrots & parsnips, spring cabbage, homemade yorkshire pudding, stuffing and gravy

#### Giant Fish & Chips £11.95

Fish in homemade batter and deep fried until golden brown. Served with chips & mushy peas

#### Cauliflower & Chick Pea Curry £9.95

Roasted cauliflower with chickpeas in a spicy curry sauce. Served with fluffy rice and falafal bites